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For immediate release

Workplace Wellness collaborative group beginning soon – consider joining!

Rice County Public Health Statewide Health Improvement Partnership (SHIP) is pleased to announce a new **Workplace Wellness Collaborative** starting in Rice County to help employers develop or improve upon existing employee and workplace wellness initiatives.

The group begins Nov. 29 and meets through March 2023. Participants will learn how to engage employees through a ‘culture of health’ that supports healthy behaviors. Employers will work collaboratively or individually with Rice County SHIP staff.

Investing in the health of employees by creating a workplace wellness initiative is an important step an employer can take to increase productivity, improve morale and better manage health care costs. Most of the best practice recommendations take little to no financial resources on the part of an organization – just staff time to plan and implement.

Participating employers receive free consultation, tools and templates to ensure success, and funding to help sustain initiatives.

Employers of all sizes are welcome to join. Whether an organization has a wellness initiative in place or is new to this type of work, employers are invited to learn more and participate.

To register or for more information, contact Josh Ramaker, Rice County Public Health SHIP Coordinator, at 507-332-5911 or josh.ramaker@ricecountymn.gov.

Rice County Public Health Mission: To protect, promote and improve the health of ALL individuals and families in our community.

Contact:
Josh Ramaker, Rice County Public Health SHIP Coordinator
josh.ramaker@ricecountymn.gov
507-332-5911

Deb Purfeerst, Rice County Public Health Director
deb.purfeerst@ricecountymn.gov
507-332-6111